

## Step Back



STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Back, Together, Back, Hitch, Step, Together, Step, Hitch 1/2 Turn Left.		
1 - 2	Step right back. Step left beside right.	Back Together	Back
3 - 4	Step right back. Hitch left knee.	Back Hitch	
5 - 6	Step left forward. Step right beside left.	Step Together	Forward
7 - 8	Step left forward. Make 1/2 turn left hitching right knee across left.	Step Hitch	Turning left
Section 2	Back, Together, Back, Hitch, Step, Together, Step, Hitch 1/4 Turn Left.		
1 - 2	Step right back. Step left beside right.	Back Together	Back
3 - 4	Step right back. Hitch left knee.	Back Hitch	
5 - 6	Step left forward. Step right beside left.	Step Together	Forward
7 - 8	Step left forward. Make 1/4 turn left hitching right knee across left.	Step Hitch	Turning left
Section 3	Right Grapevine With Hitch, Left Grapevine With Hitch.		
1 - 2	Step right to right side. Cross left behind right.	Side Behind	Right
3 - 4	Step right to right side. Hitch left knee.	Side Hitch	
5 - 6	Step left to left side. Cross right behind left.	Side Behind	Left
7 - 8	Step left to left side. Hitch right knee.	Side Hitch	
Section 4	Step Back Bumping Hip, Hold, Forward Hip Bump, Hold, Hip Bumps.		
1 - 2	Step right back bumping hips diagonally back right. Hold.	Back Hold	Back
3 - 4	Bump hips diagonally forward left. Hold.	Forward Hold	On the spot
5 - 6	Bump hips back right. Bump hips forward left.	Back Forward	
7 - 8	Bump hips back right. Bump hips forward left.	Back Forward	

4 Wall Line Dance: - 32 Counts. Beginner.

Choreographed by:- Bill Bader (Canada) January 2004.

Choreographer's Note:- Because this is an easy beginner dance, instructors are encouraged to pick their own favourite songs, fast or slow. Here are just some ideas in alphabetical order, not order of preference.

Music Suggestions:- 'Angelyne' (142 bpm) by Nitty Gritty Dirt Band - 'Hold On' CD; 'Bad Dog, No Biscuit' (156 bpm) by Daron Norwood - 'Boot Scootin' Boogie Nashville Linedancing Album 2; 'Come On Back' (132 bpm) by Carlene Carter - 'I Fell In Love' CD; 'Hold Your Horses' (140 bpm) by E-Type - 'The Ultimate In Dance' CD; 'Sea Of Cowboy Hats' (156 bpm) by Chely Wright - 'The Woman In The Moon' or 'No. 1 Line Dance Album'; 'Syncopated Rhythm' (136 bpm) by Scooch - 'Linedance Fever 10'; 'Walk Real Slow' (106 bpm) by Hoopsnakes - 'Swingin' The Blues Vol. 1'; 'Walk Right Back' (144 bpm) by Anne Murray - 'Now & Forever' CD.