

Those Were The Days

32 Count, 2 Wall, Improver

Choreographer: Daniel Whittaker & Rob Fowler (UK) July 2014

Choreographed to: Those Were the Days by Hermes House

Band. Album: Greatest Hits (3:40 - iTunes)

Start after the saying those were the .. start on the word "days" (25 seconds in to the song)

1-8 Walk right, left, shuffle, rock step coaster cross

1-2 Walk forward right left

3&4 Shuffle forward R-L-R

5-6 Rock forward left, recover weight back on right

7&8 Step left foot back, close right to left, step left over right 12:00

9-16 Grapevine, kick left, kick right, touch behind

1-4 Step right to right, cross left behind, step right to right, kick left across right

5-6 Step left to left, kick right across left

7-8 Step right to ride side, touch left toe behind right 12:00

17-24 Rolling vine 1 ¼ turn shuffle, rock coaster cross

1-2 Step left foot ¼ turn left (09:00), make ½ turn left stepping back right 03:00

3&4 Shuffle ½ turn left stepping left, right, left 09:00

5-6 Rock right foot forward, recover weight on left

7&8 Step right foot back, close left to right, step right over left

25-32 Side rock, cross over ¼ turn, walk back touch, full turn

1-2 Rock left to left side, recover weight on right 09:00

3-4 Cross left over right, make ¼ turn left stepping right foot back 06:00

5-6 Step left foot back, touch right toe back

7-8& Step right forward, make ½ turn right stepping left back, make ½ turn right slightly hitching right 12:00
(note this little hitch is preparation to start from the beginning of the dance facing the back wall)

TAGS: There are 3 EASY tags end of walls 4, 6, 7 ***

Tag 1: Rocking chair (end of wall 4) 12:00

1-4 Rock right forward, recover, rock right back recover

Tag 2: Rock step, coaster step, rock step coaster step (end of wall 6) 12:00

***Note music slows down for all of wall 7 ***

1-2 Rock right foot forward, recover weight back on left

3&4 Step right back, close left beside right, step right foot forward

5-6 Rock left foot forward, recover weight back on right

7&8 Step left back, close right beside left, step left foot forward

Tag 3: Rocking chair (end of wall 7) 06:00

*** Note music dramatically slows down and builds up faster**

1-4 Rock right forward, recover, rock right back recover

***** ON A FINAL NOTE HAVE FUN, IT'S A GOOD SING-A-LONG. TO MAKE IT EVEN MORE FUN STAND IN LINES AND HOLD HANDS FROM COUNTS 1-16 WITH DANCERS TO THE RIGHT AND LEFT OF YOU, LET GO AFTER COUNT 16 OTHERWISE YOU WILL GET INJURED *******

NOTE: It only took me 2min 20 seconds to teach this dance ***