

# PORUSHKA PORANYA



**Count:** 32      **Wall:** 4      **Level:** beginner  
**Choreographer:** Gary Lafferty  
**Music:** Porushka-Paranya by Bering Strait

## THE INTRO

There is a 32-count vocal intro to the music. Then dance 'the intro' once, then start 'the dance' just as the music kicks in with the fiddle!

### STEP, CLAP-CLAP, STEP, CLAP-CLAP, STEP, ¼ TURN, STEP, ¼ TURN

1&2 Step forward on right foot, clap, clap  
3&4 Step forward on left foot, clap, clap  
5-6 Step forward on right foot, pivot ¼ turn to left  
7-8 Step forward on right foot, pivot ¼ turn to left

### STEP, CLAP-CLAP, STEP, CLAP-CLAP, ROCK FORWARD, RECOVER, TRIPLE ½ TURN

1&2 Step forward on right foot, clap, clap  
3&4 Step forward on left foot, clap, clap  
5-6 Rock forward on right foot, recover weight back onto left foot  
7&8 Shuffle back turning ½ turn over right shoulder

## THE DANCE

### LEFT SHUFFLE, STEP FORWARD, ½ TURN, HEEL SWITCHES, CLAP, CLAP

1&2 Left shuffle forward  
3-4 Step forward on right foot, pivot ½ turn to left  
5&6 Touch right heel forward, step on right foot beside left, touch left heel forward  
&7&8 Step on left foot beside right, touch right heel forward, clap, clap

### RIGHT SHUFFLE BACK, ROCK STEP, STEP, BRUSH, STEP, BRUSH

1&2 Right shuffle back  
3-4 Rock back on left foot, recover weight onto right foot  
5-6 Step forward on left foot, brush right foot forward  
7-8 Step forward on right foot, brush left foot forward

### ROCK FORWARD, RECOVER, ¼ TURN, TOUCH, FULL ROLLING TURN TO RIGHT, TOUCH/CLAP

1-2 Rock forward on left foot, recover weight back onto right foot  
3-4 Turn ¼ left stepping to left on left foot, touch right beside left  
5-7 Full rolling turn to right  
8 Touch left foot beside right & clap

### SIDE, TOGETHER, FORWARD, HEEL-SPLIT, ROCK FORWARD, RECOVER, TRIPLE ½ TURN

1-2 Step to left on left foot, step on right foot beside left  
3&4 Step forward on left foot, split heels apart, bring heels together  
5-6 Rock forward on right foot, recover weight back onto left foot  
7&8 Shuffle back turning ½ turn over right shoulder

## REPEAT

## FINISH

After dancing 8 complete walls the music will come to a complete stop. You will be facing the home wall & here you will hold for a couple of seconds until the music kicks in again. Then do the 9th & final wall to finish (change the last triple ½ turn to a triple ¾ turn to ensure that you end facing front for a "nice" finish!)